



Tea Tree Gully Netball Club

Winter 2020 Guidelines

Players and Parents

With the COVID-19 situation still one of great concern, it is fantastic that we have netball starting back up again, however, with this exciting news comes a set of guidelines that we are required to abide by to ensure all our members are safe.

All the below guidelines are specific to Tea Tree Gully Netball Club based on what has been provided to us by Netball SA and SADNA.

Training will begin on the 20th of May and the following protocols will be in place until we are given the go ahead for competition to start. However, we do ask that all hygiene practices continue moving forward.

Training format

- For this period of time there will be four time slots for training, each with 40 minutes for the training
 - 5:15pm – 5:55pm
 - 6:05pm – 6:45pm
 - 6:55pm – 7:35pm
 - 7:45pm – 8:30pm
- It is imperative that players arrive no earlier than 5 minutes prior to the start of the training time
- Players aren't to enter the court until the previous team has left
- All players are to use hand sanitiser on entry to the court
- Players are to bring minimal personal items to the court, drink bottles must be labelled
- Upon completion of training, players must use hand sanitiser and exit the court immediately
- No gatherings are allowed to occur, all should move straight to cars and exit the sporting ground immediately
- Only use the toilets in the clubrooms as required
- No use of changeroom facilities
- Do not congregate in the clubrooms where the canteen is



Weather

- The committee has made an executive decision that for this period of time any level of rain will force training to be cancelled
- For this period of time it is not the choice of the individual coach. We appreciate that many coaches still like to train in the rain. However, until advised otherwise this will not be an option
- The decision to cancel due to weather issues, will be made by The Club President Helen Burvill. For this reason (and many others) it is essential that you regularly check the FB communication pages for update.
- A decision will be made by no later than 4pm on the day of training

Sickness and Injury

- In these current circumstances it is essential that no one attends training if they are ill – Shortness of breath, cough, sore throat, fever
- Players are advised to see their doctor if they have any symptoms
- It will also be the players and/or the parent/guardian's responsibility to not attend training if they have had contact with a known COVID-19 case in the last 14 days
- Should anyone be suspected of having the virus, for the safety of all they shall not return to training or games until they have a medical clearance
- Should any player be vulnerable with regards to health or live with someone considered vulnerable their decision to not attend training will be respected, we just ask that they contact their coach as soon as possible to provide them with this information
- Should anyone become injured or unwell during training they will be asked to isolate themselves from their team mates and are to contact their parents and head home in a timely fashion
- Players who attend training with a managed injury should arrive with all required strapping done
- For those that require inhalers and medication for training please ensure they are brought to training, as for this period it will not be an option to use any of the clubs supplies.

Parents/guardians/siblings

- Parents must drop players off no earlier than 5 minutes prior to the start of training
- They must stay in the car and not congregate inside or outside the courts for socialising
- Once they have dropped off they must leave the grounds and not return until 5 minutes prior to the end of their players training time
- These rules apply to siblings, who must stay in the car at all times



Committee responsibilities

- There will be 'marshals' allocated at each gate to ensure that all runs smoothly and that all guidelines are adhered to
- There will be appropriate signage at all gates that show the Netball SA guidelines and hygiene requirements
- They will be providing coaches with gloves, hand sanitiser, disinfectant spray and CPR mouth shields
- Please use these items appropriately, they are being provided for the safety of all
- However, please keep in mind the extra cost that the club is currently experiencing, so please do not allow the players to misuse the items such as hand sanitiser, these are currently the price of gold, as I am sure you are all aware of

We thank you for the support in this tough time. We understand that these circumstances aren't ideal, but necessary for the time being. If we all cooperate with these guidelines, hopefully we won't be long before we can play competitive netball again.

Go Gullies!!