



## Tea Tree Gully Netball Club

### Winter 2020 Guidelines

#### Players and Parents

As we move onto stage 2 with the COVID-19 situation comes a set of new guidelines that we are required to abide by to ensure all our members are safe

All the below guidelines are specific to Tea Tree Gully Netball Club based on what has been provided to us by Netball SA and SADNA.

**NOTE 2:** We have been advised by Netball SA that SAPOL will be doing random checks of clubs now that sports are returning to training. We wish to remind Parents, Players and Coaches that they adhere to social distancing guidelines as previously informed (via email, Facebook page and TTGNC Website) or be at risk that if caught, **the fine issued will be the responsibility of the individual and not the club**. Remember that it only takes one person to take a photo or video of those not doing the right thing to impact the individuals, who may be fined or the club who may be restricted from holding training sessions if multiple breeches are seen and reported

Training from 1<sup>st</sup> June 2020 will be in the following format:

#### **Attendance Records:**

Each coach will keep an attendance record supplied by the committee and returned after each training.

#### **Training format:**

- **Training will go for 40 minutes**
- It is imperative that players arrive no earlier than 5 minutes prior to the start of the training time
- Players aren't to enter the court until the previous team has left
- All players are to use hand sanitiser on entry to the court
- Players are to bring minimal personal items to the court, drink bottles must be labelled
- Upon completion of training, players must use hand sanitiser and exit the court immediately
- No gatherings are allowed to occur, at the court side. Parents can wait outside the fence maintaining 1.5m social distancing or remain in their cars.



- Only use the toilets in the clubrooms as required
- No use of changeroom facilities
- Do not congregate in the clubrooms where the canteen is

### **Weather**

- This will go back to the decision of each individual coach if they decide to train or not in wet weather. As a committee we advocate if courts are unsafe due to excessive rain then no training should be carried out.

### **Sickness and Injury**

- In these current circumstances it is essential that no one attends training if they are ill – Shortness of breath, cough, sore throat, fever
- Players are advised to see their doctor if they have any symptoms
- It will also be the players and/or the parent/guardian's responsibility to not attend training if they have had contact with a known COVID-19 case in the last 14 days
- Should anyone be suspected of having the virus, for the safety of all they shall not return to training or games until they have a medical clearance/ health care plan
- Should any player be vulnerable with regards to health or live with someone considered vulnerable their decision to not attend training will be respected, we just ask that they contact their coach as soon as possible to provide them with this information
- Should anyone become injured or unwell during training they will be asked to isolate themselves from their team mates and are to contact their parents and head home in a timely fashion
- Players who attend training with a managed injury should arrive with all required strapping done
- For those that require inhalers and medication for training please ensure they are brought to training, as for this period it will not be an option to use any of the clubs supplies.

### **Parents/guardians/siblings**

- Parents must drop players off no earlier than 5 minutes prior to the start of training
- May stay at the courts but behind the fence or in their cars, NOT permitted on the courts during training.

### **Committee responsibilities**

- There will be 'marshals' allocated to ensure that all runs smoothly and that all guidelines are adhered to
- There will be appropriate signage at all gates that show the Netball SA guidelines and hygiene requirements



- They will be providing coaches with gloves, hand sanitiser, disinfectant spray and CPR mouth shields

We thank you for the support in this tough time. We understand that these circumstances aren't ideal, but extremely necessary for the time being. If we all cooperate with these guidelines, hopefully it won't be long before we can play competitive netball again.

Go Gullies!!